

What Works?

when tackling bullying in schools?

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SCHOOL

Family Service Units – Edinburgh

FOCUS

What works for FSU and Why'

Can you briefly describe how your initiative or project helps to tackle bullying?

Each FSU initiative/ project tackles bullying behaviour in similar ways but using different forums.

FSU initiatives and projects help to tackle bullying behaviour by actively involving the people directly connected to the situation. The behaviour is discussed exploring the questions below. An open discussion takes place as opposed to placing blame and focusing on retribution (punishment).

First:

By speaking with all people involved in the situation:

Talking individually, in private, in confidence about the situation

- ✓ Discuss what happened/ feelings related
- ✓ Explore what other issues might be going on
- ✓ Discuss the impact of the behaviour for/on everyone
- ✓ Explore the results/ outcomes as a result of the behaviour

Second:

When/ if possible:

- ✓ Gather appropriate people together to discuss the situation (as above)
- ✓ Provide groups/ individuals support, options, alternative solutions

How is this initiative being monitored and evaluated?

Initiatives are monitored and evaluated by individual evaluations and reports, preferably independent when possible. The initiatives are open to review by national monitoring bodies.

CONTACT INFORMATION

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What are some of the biggest challenges faced by teachers and young people or members of your organisation, in implementing the initiative or project?

- ✓ Funding – long term. Tends to be short term, which leaves people feeling unappreciated.
- ✓ Funding to develop participant/staff lead targets instead of funding lead targets
- ✓ Developing projects/ initiatives which allow young people to grow, learn and change yet also meet school needs: legally, staff and pupil safety, crisis immediacy and need to show improvement.

What has worked well?

- ✓ Involving people interested and wanting to be actively involved.
- ✓ Respectful lines of communication.

What did not work and what lessons were learned?

The challenges have been with people:

- ✓ Imposing the initiative upon people not wanting a project.
- ✓ Involving people who did not want to be involved.

Future plans?

- ✓ Share good practice.
- ✓ Package good practice for replicating elsewhere.
- ✓ Continue to seek out feedback and other similar work.

Any materials the school/institution is willing to share or relevant publications that are for sale?

- ✓ Leaflet: 'What works for FSU and Why?' – Free
- ✓ Video/ Resource pack: 'On The Right Track' – £15